
Appendix A: Psychoeducation for Engagement

Psychoeducation for Caregiver Checklist

- Provide rationale for the assessment.
- Inquire about caregiver's goals for the assessment.
- Ask about the child's biggest challenges from caregiver's perspective.
- Affirm that the caregiver is an expert on their child and their important role in the assessment. Validate how challenging it can be when a child is having these struggles.
- Query about previous experiences with assessments and treatment. Notice how these might influence how they will perceive your assessment procedures.
- Clarify expectations of the assessment and what will be involved, addressing any differences from previous experiences. Try to anticipate and address any misperceptions.
- Describe your role as the clinician.
- Describe the caregiver's role in the assessment.
- Inquire about the caregiver's reaction and perspectives.
- Address any concerns.
- Develop a plan for the assessment.
- Elicit a commitment to the assessment procedures.

Psychoeducation for Youth Checklist

- Provide rationale for the assessment.
- Inquire about the youth's goals for the assessment.
- Ask about the youth's biggest challenges and what they need help with.
- Affirm that the youth is an expert on their own lives and their important role in the assessment. Validate their experiences.
- Query about previous experiences with assessments and treatment. Notice how these might influence how they will perceive your assessment procedures.
- Clarify expectations of the assessment and what will be involved, addressing any differences from previous experience. Try to anticipate and address any misperceptions.

- Describe your role as the clinician.
- Describe the youth's role in the assessment.
- Inquire about the youth's reaction and perspectives.
- Address any concerns.
- Develop a plan for the assessment.
- Elicit a commitment to assessment procedures.